

Is pleased to present:

# Autism Spectrum Disorders: Research at Nathan Kline Institute into Diagnosis and Treatment

Presented By:

## Russell H. Tobe, MD

Director, Outpatient Research Department  
Nathan Kline Institute for Psychiatric Research

**Tuesday, April 24, 2018**  
**Bagel Breakfast and Presentation**  
**10:30 a.m. – 12:00 p.m.**

**Nanuet Library**  
149 Church Street  
Nanuet, NY 10954

**FREE for RCPS Members**

**\$10 for Non-Members**

Dr. Tobe will be discussing medical evaluation and psychopharmacology as part of a comprehensive care plan for many children with Autism Spectrum Disorder (ASD). Included will be an overview of current prevalence statistics, major symptom domains in ASD, and targets for treatment. The most common classes of medications, their side effects, and effectiveness data will be reviewed. Current efforts and challenges in drug development will also be discussed.

Dr. Russell Tobe is a board certified adult psychiatrist as well as a board-certified child and adolescent psychiatrist. He completed his medical school at the University of Chicago and completed his adult psychiatry residency and child and adolescent psychiatry fellowship at Columbia University Medical Center. As Director in the Outpatient Research Department at the Nathan Kline Institute for Psychiatric Research, Dr. Tobe supervises a multidisciplinary team of psychologists, social workers, psychiatric nurses, clinical evaluators, and research support assistants. Dr. Tobe is a scientific investigator in approximately 15 research studies involving understanding of neurobiology and brain development as well as treatment in numerous disorders including Autism Spectrum Disorders and Mood Disorder. In addition to his role at NKI, Dr. Tobe also acts as Director of Psychiatric Services at ARC in Rockland, Medical Director for the Capital District Region of NY START, Past President of the West Hudson Psychiatric Society, and is a faculty member at Columbia University and New York University. Dr. Tobe lives in Rockland County with his wife, Debra, and two children, Jackson and Gabriel.

*Please feel free to invite guests*

*Certificates of Attendance will be distributed*

Name: \_\_\_\_\_

Current RCPS Member: \_\_\_ Yes

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Make check payable to RCPS and mail to:**

Dr. Stephen Levy 115 East Allison Ave, Nanuet, NY 10954; Call (914) 924-0353 or email [RocklandCountyPsych@gmail.com](mailto:RocklandCountyPsych@gmail.com)

Register online on the *Upcoming Events* page of our website: <http://rocklandpsychsociety.org>